

**WHAT IS CLAIMED IS:**

1. A basting apparatus, comprising:

a rack; and

a pan supported by said rack.

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2. The basting apparatus as recited in claim 1, wherein said rack includes a grid, said grid having plural exterior bars and plural interior bars, said plural exterior bars fitting telescopically over said plural interior bars.

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3. The basting apparatus as recited in claim 2, wherein said plural exterior bars are parallel and said plural interior bars are parallel.

4. The basting apparatus as recited in claim 1, wherein said rack includes a grid and wherein said pan is supported by said grid.

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5. The basting apparatus as recited in claim 1, wherein said rack includes a frame, said frame carrying a set of rungs.

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6. The basting apparatus as recited in claim 5, wherein said rack includes a grid and wherein said grid fits between said rungs.

7. The basting apparatus as recited in claim 1, wherein said rack has base members and elevates said pan above said base members.

5       8. The basting apparatus as recited in claim 1, wherein said rack has base members and rungs, said rungs being supported at an angle with respect to said base members.

9. The basting apparatus as recited in claim 1, wherein said rack is adjustable.

10. The basting apparatus as recited in claim 1, wherein said rack is telescopically adjustable.

11. A basting apparatus, comprising:

a rack; and

a pan supported by said rack; and

a grill having a surface and carrying said rack and said pan on said surface.

12. The basting apparatus as recited in claim 11, wherein said rack comprises:

a frame having plural rungs; and

a grid supported by said rungs.

20       13. The basting apparatus as recited in claim 11, wherein said rack is adjustable.

14. The basting apparatus as recited in claim 11, wherein said grill comprises:

a spit;  
means for rotating said spit; and  
a heating element in spaced relation to said spit.

5        15. The basting apparatus as recited in claim 14, wherein said rack is dimensioned to fit  
between said spit and said surface of said grill.

10        16. The basting apparatus as recited in claim 14, wherein said pan is dimensioned so that,  
when filled with basting fluid and a food product is on said spit, said basting fluid will be in contact  
with said food product.

15        17. A method for cooking a food product, said method comprising the steps of:  
providing a grill having a rotisserie and a heating element in spaced relation to said rotisserie,  
said rotisserie having a spit and said grill having a surface; and  
threading a food product on said spit; and  
placing a basting liquid in a pan; and  
placing a rack on said surface below said spit; and  
placing said pan on said rack so that said basting liquid is in contact with said food product.

20        18. The method as recited in claim 17, wherein said rack is telescopically adjustable and  
wherein said method further comprises the step of adjusting said rack to fit the dimensions of said  
pan and said surface of said grill.

19. The method for cooking a food product as recited in claim **17**, wherein said rack has plural rungs and a grid supported by said rungs and wherein said method further comprises the step of inserting said grid into said rungs so that said pan can be placed on said grid.

5        20. The method for cooking a food product as recited in claim **19**, further comprising the step of adjusting elevation of said grid so that said pan will be close to said spit and in contact with said food product.

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